

UNIT OR BACKGROUND
Preparing for Future

Goal Setting

Classes/Program of Study

Technology Knowledge

Finances

(Lessons)

LESSON MAP

LESSON TOPIC

Goal Setting

IS ABOUT

Specifically stating your desired result and working toward achieving that result

5. What is my timeframe to complete the goal?

4. Is my goal relevant - going to change my life for better?

1. Set a specific goal

2. Set a measurement - how will I know I achieved?

3. Is my goal achievable/realistic?

DISCUSSION: Relationship - 1) Lesson to Unit AND 2) Importance of Lesson to Daily Life

1) Setting goals is part of preparing for the future. 2) Setting and achieving goals will help me succeed.

Self-Test Questions (Evaluation):

Tasks/Strategies:

- 1) Is my goal specific?
- 2) Do I have a way to measure my goal?
- 3) Is my goal achievable/realistic?
- 4) Is my goal relevant - will it make my life better?
- 5) Do I have a time frame/schedule for my goal?

- 1) Use SMART goal worksheet to help set goals
- 2) Have student write down goals and carry copy.
- 3) Use folktales to reinforce goal setting
- 4) Use pebbles, rocks & water in jar to reinforce goal setting.